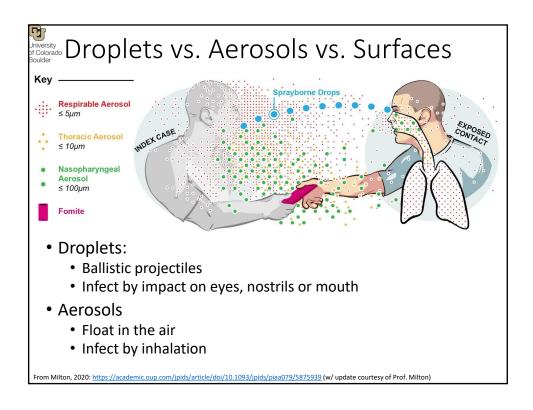
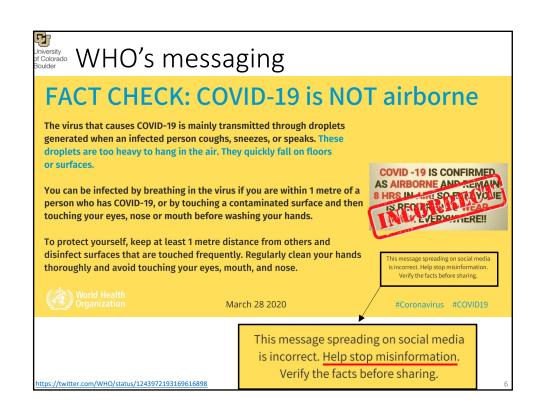
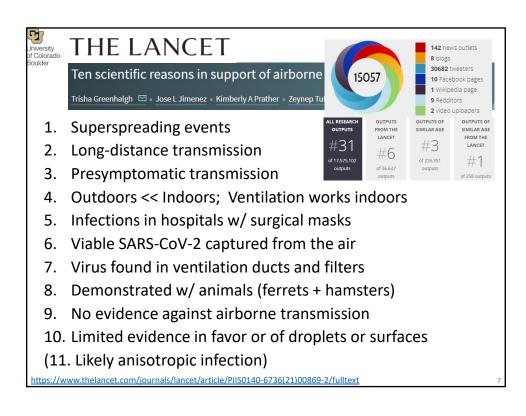




- 1. What do we know about the modes of transmission?
- 2. How can we protect ourselves against infection?











Ten scientific reasons in support of airborne transmission of SARS-CoV-2

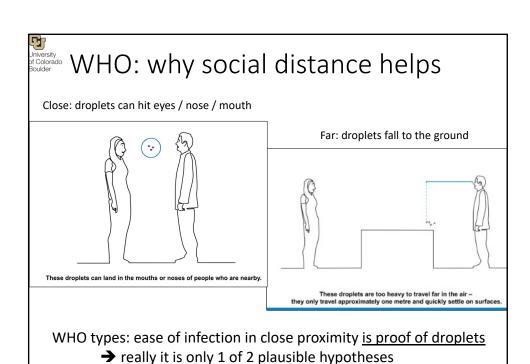
Trisha Greenhalgh 🖾 Jose L Jimenez Kimberly A Prather Zeynep Tufekci David Fisman Robert Schooley

1. Superspreading events

https://twitter.com/WHO/status/1244258441880797184

- 2. Long-distance transmission
- 3. Presymptomatic transmission
- 4. Outdoors << Indoors; Ventilation works indoors
- 5. Infections in hospitals w/ surgical masks
- 6. Viable SARS-CoV-2 captured from the air
- 7. Virus found in ventilation ducts and filters
- 8. Demonstrated w/ animals (ferrets + hamsters)
- 9. No evidence against airborne transmission
 - "Close contact is evidence of droplets and against airborne"
- 10. Limited evidence in favor or of droplets or surfaces

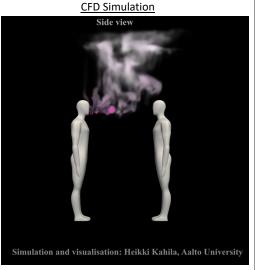
https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(21)00869-2/fulltext







- Exhaled air when talking loses momentum in <0.5-1 m, starts rising
 - Can explain why social distance works to reduce disease transmission
- Consistent results
 - CO₂ is directly imaged (experiment) but offers less visual contrast and range than simulation



https://twitter.com/SEE_Fluids_UK/status/1314565418980462594 https://www.youtube.com/watch?v=EcpQBxBdr5g

10

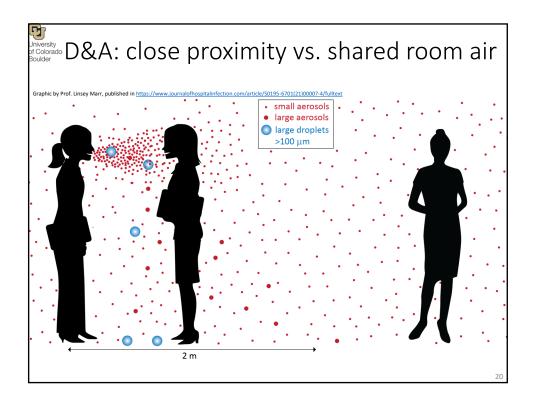
olorida Close Proximity vs. Shared Room Air

- Observation that social distance works alone does not prove droplets or aerosols
- We need to look at more evidence
- Is there infection when sharing room air?
 - A. If droplets: safe with distance
 - B. If aerosols: not safe. With time and low-ventilation, infection can happen
 - B is what happens





https://www.kunr.org/post/dri-researchers-find-e-cigs-leave-cancer-causing-chemicals-lungs#stream/0
https://www.dailwkos.com/stories/2019/11/16/1899711/-The-Smoke-Filled-Room-Unsolicited-Advice-as-Who-Should-Be-Vice



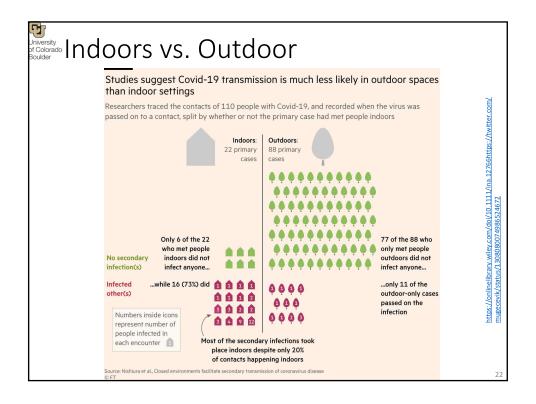


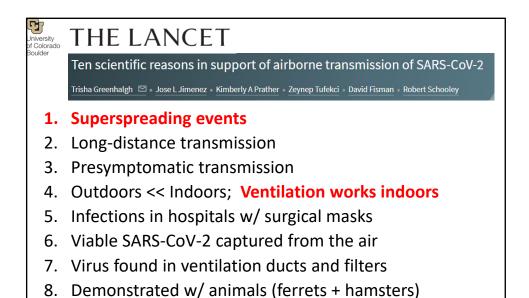
Ten scientific reasons in support of airborne transmission of SARS-CoV-2

Trisha Greenhalgh 🖾 🏻 Jose L Jimenez 🐧 Kimberly A Prather 🔻 Zeynep Tufekci 🔻 David Fisman 🔻 Robert Schooley

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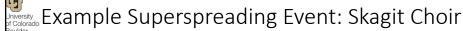
https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(21)00869-2/fulltext





9. No evidence against airborne transmission

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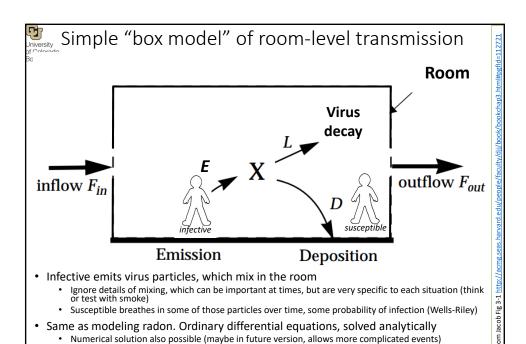


- · Clearest case in my opinion
 - Choir not social w/ each other. Arrive in time, sing, 10 min break, sing, leave immediately after
 - 2.5 hr rehearsal: 1 index case, 52 new infections (13 m behind). PH & Choir: rehearsal is where it happened
- Fomites / Surfaces?
 - Agreed to be inefficient (e.g. CDC)

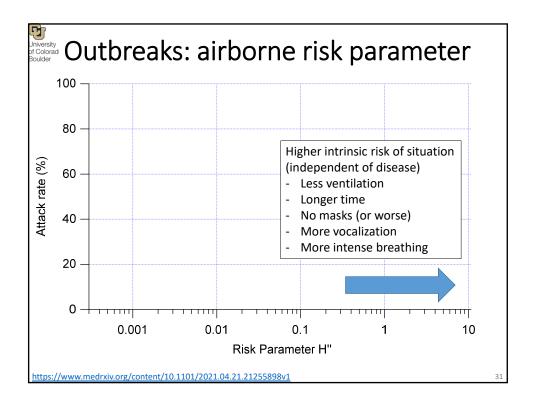
• Implemented in spreadsheet

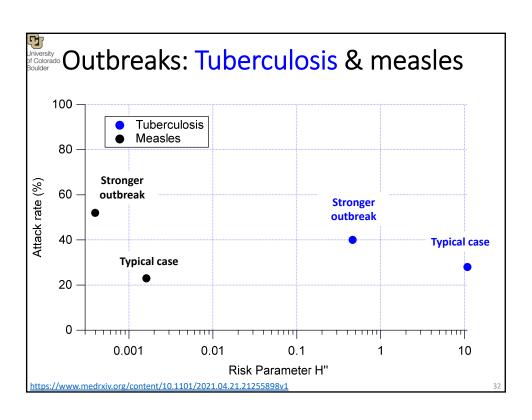
- They knew about COVID-19, strong early message on surfaces. No touch, sanitizer, propped doors.
- Index case didn't touch any objects, only ~3 people went to same bathroom
- Droplets:
 - No one 3 m in front of index. Index case didn't talk to others. Others talked to 2-3 ppl in 10 min break
 - · No way to impact droplets on eyes, nostrils, mouths of 52 people
 - CDC says "15 min. of close proximity" are needed
- Aerosols?
 - Low ventilation, room well mixed, long time, no masks → easy to explain
 - Amount of virus ~10 times bus and restaurant (singing all the time vs. talking intermittently, consistent with measurements)
- · All SS events point to aerosols. None point to fomites or droplets

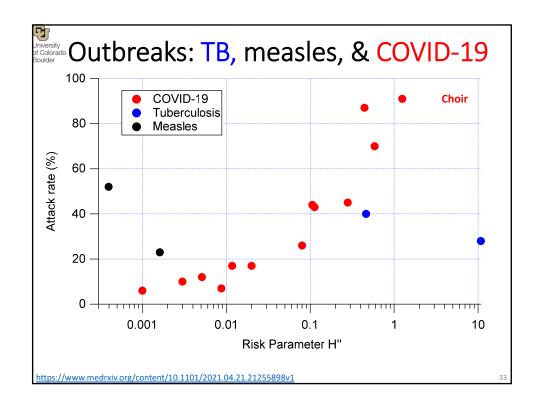
Miller et al., Indoor Air, 2020. https://doi.org/10.1111/ina.12751 24

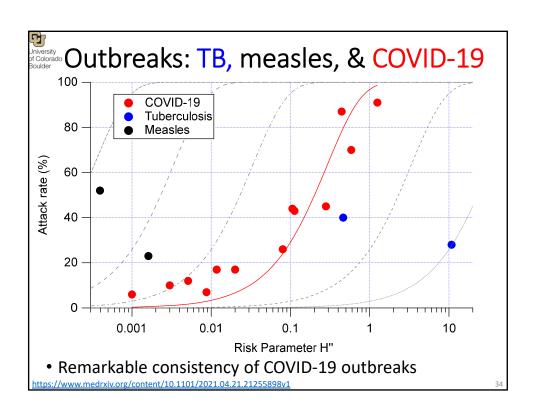


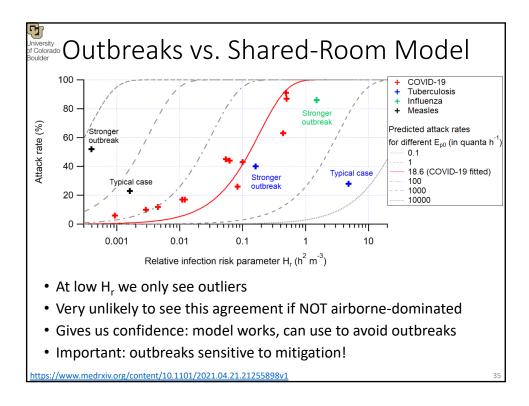
Read "readme" and "FAQs" if you want to use it seriously http://tinyurl.com/covid-estimator

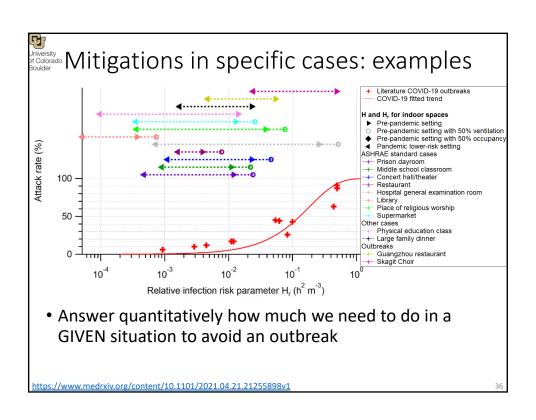


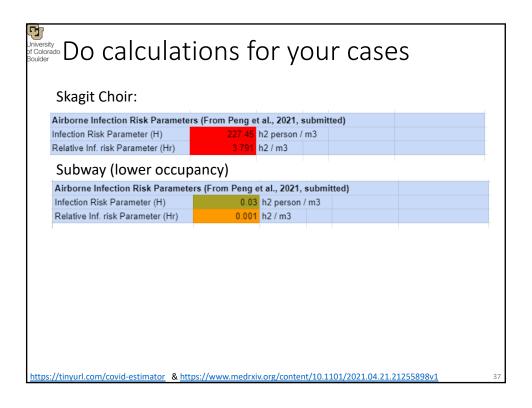


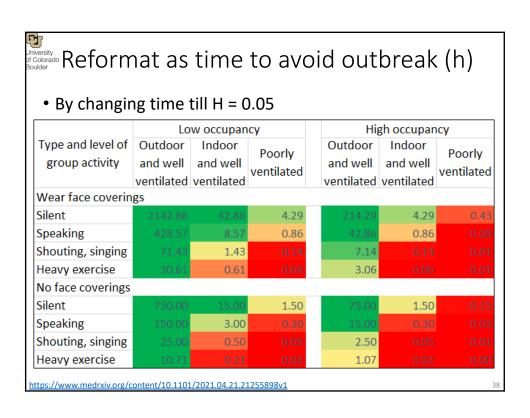


















- 1) Aerosols are droplets with a diameter of 5 μm or less
- Everything larger than 5 μm falls within 1-2 m
- 3) If it's short range, then it can't be airborne
- 4) The virus is only 0.1 μm in size so masks won't work
- 5) Aerosols only matter for aerosol generating procedures

- 1) Aerosols can be up to 100 um in size
- 2) A 5 μm aerosol can travel hundreds of meters
- Short-range transmission is dominated by aerosols
- Virus is carried in aerosols larger than 0.1 μm
- Talking and coughing are aerosol generating procedures

From our published paper in the Journal of Hospital Infection: J.W. Tang, W.P. Bahnfleth, P. Bluyssen, G. Buonanno, S.J. Dancer, J.L. Jimenez, J. Kumitski, Y. Li, S. Miller, C. Sekhar, L. Morowska, L.C. Marr, A.K. Melikoy, W.W. Nazaroff, P.V. Nielsen, R. Tellier, P. Wargocki. Dismantling myths on the airborne transmission of severe acute respiratory syndrome coronavirus (SARS-COV-2), J. Hosp. Inf., 110, 89-96, 2021. https://doi.org/10.1016/j.injn.2021.12.02



niversity How we got here

- · 1910: Chapin's The Sources and Modes of Infection
 - "Contact Infection"
 - Germs don't live outside the body, in swamps, trash etc.
 - Germs live inside of people, contact with other people needed for infection
 - Realizes close proximity leads to infection
 - Problem for him: "It is impossible to teach people to avoid contact infection while they are firmly convinced that the air is the chief vehicle of infection"
 - "In air infection, it becomes evident that our knowledge is far too scanty, and that the available evidence is far from conclusive"
 - Solution!
 - Indication of droplets (Flügge 1894). Aerosols not measureable yet
 - Aerosols not measureable yet
 "There is no evidence that [air infection] is
 is an appreciable factor in the maintenance
 of most of our common contagious
 diseases. We are warranted, then, in
 discarding it as a working hypothesis, and
 devoting our chief attention to the
 prevention of contact infection."
 - To prove air infection: extraordinary claims require extraordinary evidence
 - Becomes established paradigm, till WHO

//archive.org/details/sourcesmodesofin00ch

In reviewing the subject of air infection it becomes evident that our knowledge is still far too scanty, and that the available evidence is far from conclusive. Yet it is of the greatest practical importance that we should know definitely just what danger there is of air-borne infection and in what diseas it is to be feared. Infection by air, if it does take place, as is commonly believed, is so difficult to avoid or guard against, and so universal in its action, that it discourages effort to avoid other sources of danger. If the sick-room is filled with floating contagium, of what use is it to make much of an effort to guard against contact infection? If it should prove, as I firmly believe, that contact infection is the chief way in which the contagious diseases spread, an exaggerated idea of the importance of air-borne infection is most mischievous. It is impossible, as I know from experience, to teach people to avoid contact infection while they are firmly convinced that the air is the chief vehicle of infection.

While it is not possible at present to state with exactness the part played by aerial infection in the transmission of the different infectious diseases, we are by the evidence forced to the conclusion that the current ideas in regard to the importance of infection by air are unwarranted. Without denying the possibility of such infection, it may be fairly affirmed that there is no evidence that it is an appreciable factor in the maintenance of most of our common contagious diseases. We are warranted, then, in discarding it as a working hypothesis and devoting our chief attention to the prevention of contact infection. It will be a great relief to most persons to be freed from the specter of infected air, a specter which has pursued the race from the time of Hippocrates, and we may rest assured that if people can as a consequence be better taught to practice strict personal cleanliness, they will be led to do that which will more than anything else prevent aerial infection also, if that should in the end be proved to be of more importance than now appears.

The coming paradigm shift

- Chapin's 1910 error finally becoming obvious
 - Most respiratory diseases go (at least partially) through aerosols
 - Best in close proximity
 - Can transmit in shared room air w/ low ventilation
 - · Most contagious diseases can transmit long-range
 - Wide range of contagiousness (COVID = mid + dispersion)
- Huge implications
 - · For seasonal flu, future pandemics, others

Wells 1945

Wells 1945

The ultimate goal of sanitation set by Lenuel Shattuck a century ago is to guarantee to members of society the same freedom from communicable disease enjoyed by isolated individuals. Water purification, milk pasteurization, and pure food administration during the present century have added several years to the expectancy of life at birth. Does the control of respiratory infection by sanitary ventilation seem more difficult to sanitary science than the conquest of intestinal and insect-borne parasites seemed at the turn of the century?

A paradigm shift to combat indoor respiratory infection

Lidia Morawska, Joseph Allen, William Bahnfleth, Philomena M. Bluyssen, Atze Boerstra, Giorgio Buonanno, Junji Cao Stephanie J. Dancer, Andres Floto, Francesco Franchimon, Trisha Greenhalgh, Charles Haworth, Jaap Hogeling, Christina Isaxon, Jose L. Jimenez, Jarek Kurnitski, Yuguo Li, Marcel Loomans, Guy Marks, Linsey C. Marr, Livio Mazzarella, Arsen Krikor Melikov, Shelly Miller, Donald K. Milton, William Nazaroff, Peter V. Nielsen, Catherine Noakes, Jordan Peccia, Kim Prather, Xavier Querol, Chandra Sekhar, Olli Seppänen, Shin-ichi Tanabe, Julian W. Tang, Raymond Tellier, Kwok Wai Than Pawel Wargocki, Aneta Wierzbicka, Maosheng Yao

Affiliations are listed in the supplementary materia

Science 14 May 2021: Vol. 372, Issue 6543, pp. 689-691 DOI: 10.1126/science.abo2025

Science

https://www.jstor.org/stable/18316

https://science.sciencemag.org/content/372/6543/689



- 1. What do we know about the modes of transmission?
- 2. How can we protect ourselves against infection?



http://tinyurl.com/preguntas-espanol

https://tinyurl.com/FAQ-aerosols (62 pages)

FAQs on Protecting Yourself from COVID-19 Aerosol Transmission

Shortcut to this page: https://tinyurl.com/FAQ-aerosols

Version: 1.65, 15-Sep-2020

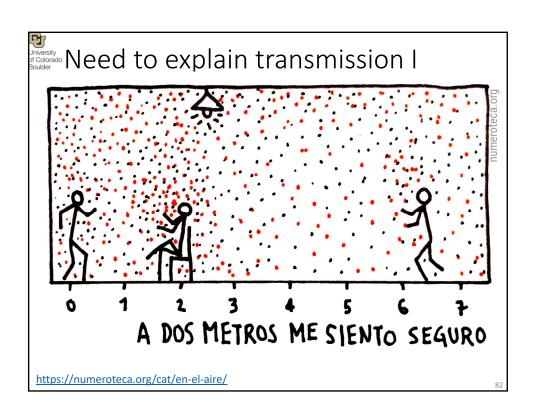
If you want to jump over other details and go straight to the recommendations, click here.

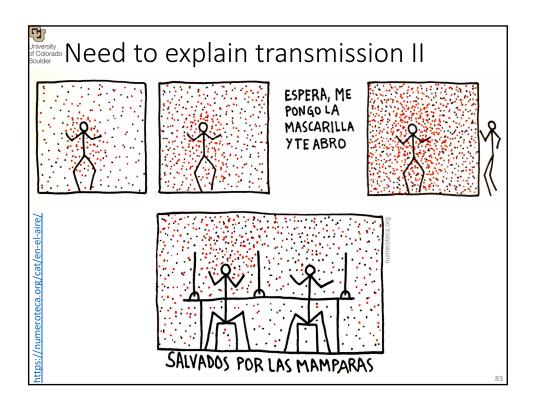
0. Questions about these FAQs

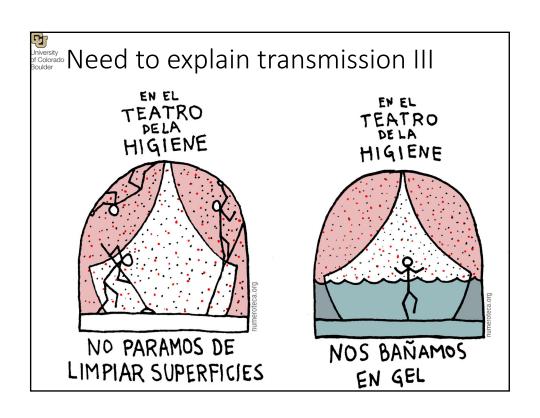
- 0.1. What is the goal of these FAQs?
- 0.2. Who has written these FAQs?
- 0.3. I found a mistake, or would like something to be added or clarified, can you do that?
- 0.4. Are these FAQs available in other languages?
- 0.5. Can I use the information here in other publications etc.?

1. General questions about COVID-19 transmission

- 1.1. How can I get COVID-19?
- 1.2. What is the relative importance of the routes of transmission?
- 1.3. But if COVID-19 was transmitted through aerosols, wouldn't it be highly transmissible like measles, and have a very high R0 and long range transmission?







University What NOT to do? Hygiene theatre

- Stop wasting time and money on disinfecting surfaces!
- Just wash your hands frequently (forever)
- Use the saved time and \$\$ to protect against real danger

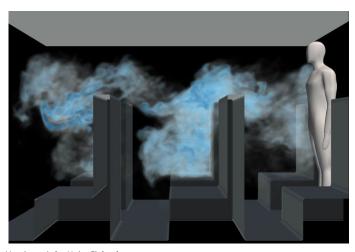


Calls due to poisoning by disinfectants Disinfectants Disinfectants Disinfectants Disinfectants Disinfectants

https://www.nature.com/articles/d41586-021-00277-8 https://www.cdc.gov/mmwr/volumes/69/wr/mm6916e1.htm

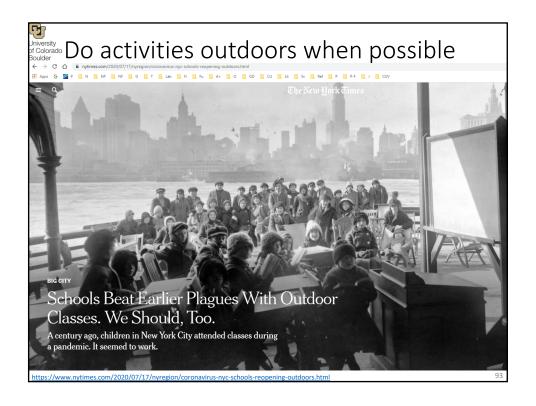
Inversity Plexiglas Barriers? Not useful

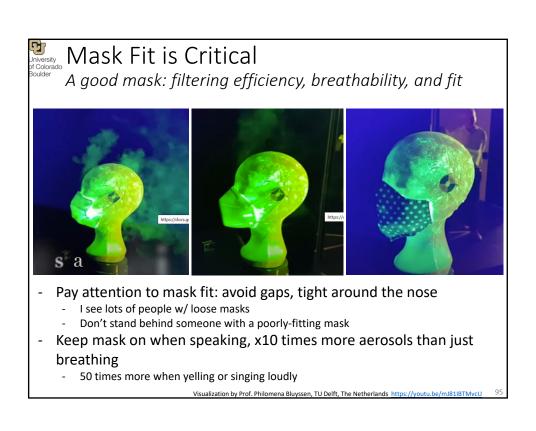
• Only useful in teller / cashier situation, to break the exhaled air flow in close proximity (+ droplets, if any)

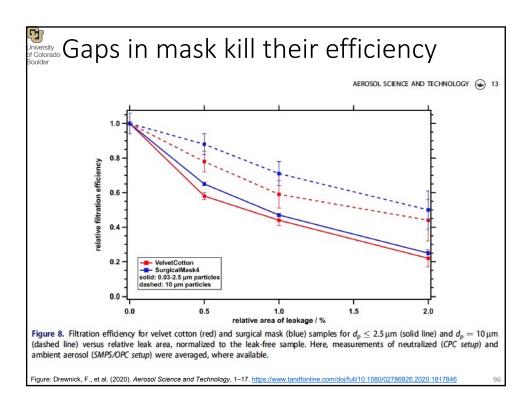


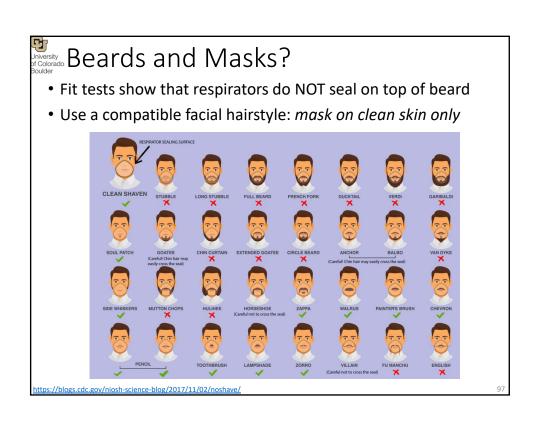
Simulation by Ville Vuorinen, Aalto Univ., Finland

https://www.sciencedirect.com/science/article/abs/pii/S0360132313000851

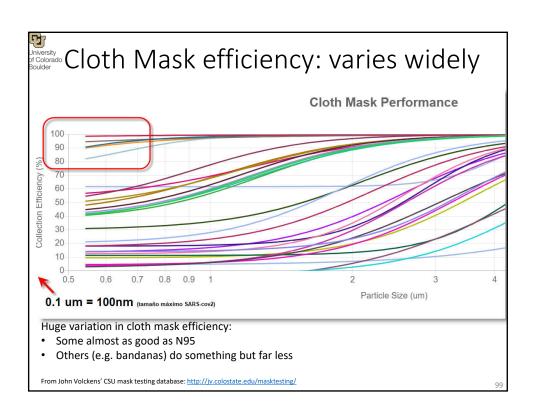


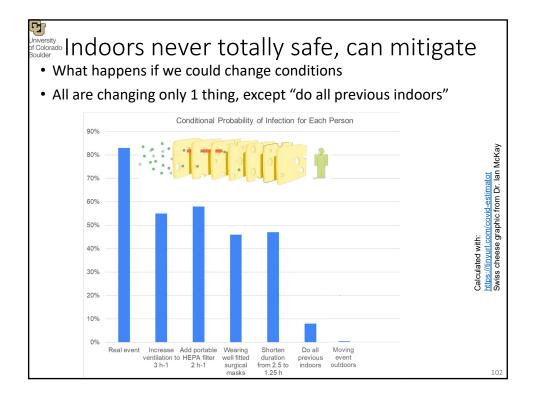












University Air Cleaning for COVID

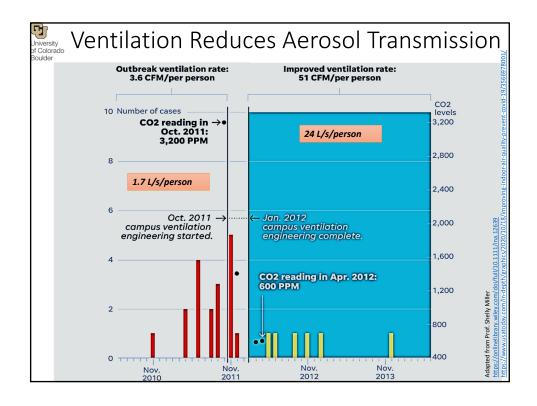
- · Recommendations in this order:
 - 1. Ventilation
 - 2. Filtration
 - Mechanical systems, portable HEPA, or fan + filter
 - 3. Germicidal UV
 - Only w/ professional design, installation, and maintenance

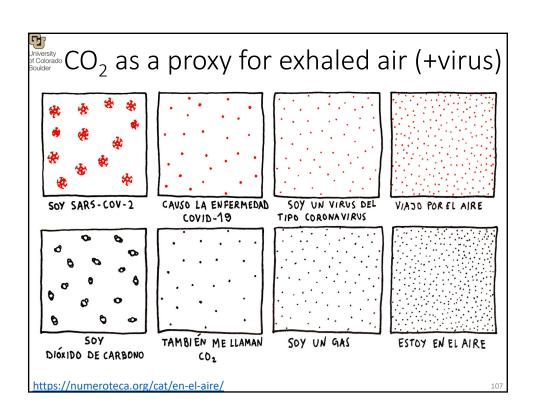
1. We do NOT recommend

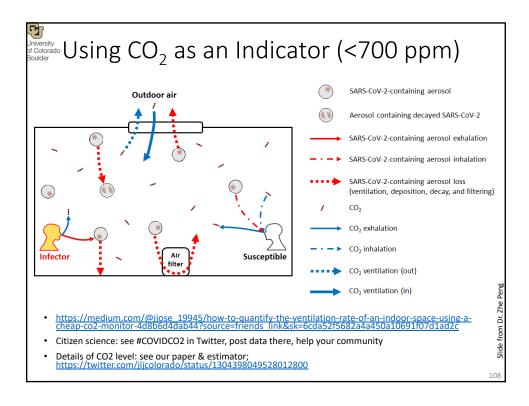
- 1. Spraying disinfectants (HOCl, ClO₂, ozone, H₂O₂ etc.)
 - ONLY when nobody is present, and when enough time will pass until people arrive for disinfectant to be gone
- 2. Air cleaners based on chemistry (ions, plasmas, OH, H₂O₂ etc.)
 - · Many of them do kill pathogens
 - The same chemistry that kills the pathogens also reacts with abundant VOCs indoors, and leads to formation of potentially toxic (chemical) aerosols and oxidized VOCs

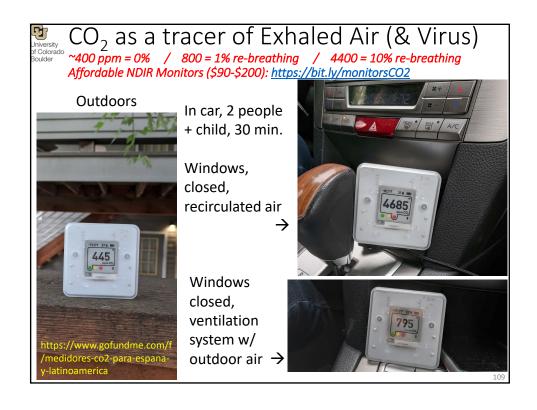
https://www.sciencedirect.com/science/article/pii/S0160412020317876 - https://twitter.com/jijcolorado/status/1291758303089852417

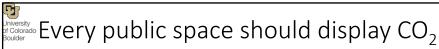
https://medium.com/@dbc007/the-air-chemistry-behind-fogging-for-sars-cov-2-disinfection-ac3df05326bi















- · Real-time indication of ventilation everywhere
 - Many people would learn what's safe and unsafe quickly
 - · How to account for filtration?
- The technology exists to do this at \$200 per unit (less if massive)
 - https://www.co2meter.com/products/csense-large-wall-co2-meter
 - https://www.pce-inst-benelux.nl/technische-specificaties/multifunctionele-co2-meter-pce-ac-2000.htm

ar pic from https://www.graffitiindoorad.com/our-client

First suggested to me by Bertrand Waucquez (major of Kraainen, Belgium)

110

University of Colorado

Cognitive Effects of High CO₂

- Degradation of multiple cognitive measures detectable at > 1000 ppm
- Taiwan and South Korea regulate indoor CO₂ < 1000 ppm

